

Tool

STEPS TO CLEARING YOUR ENERGY

1.

Remove any interactions to be able to concentrate and focus on your intention. Intention is very powerful because it directs your energy.

2.

Intent for your energy to be cleared from all negative patterns attachments links density or beings that are connected with you or that are attached to you mind, body and spirit.

I request for a complete clearing of my energy from negativity, density negative links negative attachments, low vibrational beings our spirits. I release all that is not a much to my higher frequency.

3.

Take a deep breath to allow the tension to dissipate.
One more time breathe in breathe out.

4.

Envision Divine Light flowing from Source above, then streaming all around your body slowly covering you with a bright luminescent gold color.



Golden Light flows into your entire Aura recalibrating cleansing, clearing all that doesn't serve.

5.

Breathe and with the exhale release in this Golden Light all that doesn't serve. Envision with your mind's eye negative links that are attached to you, dissipate with this Golden Light. Their Roots are also being cleared.
See your energy as wide, vibrant and bright.

6.

Allow any lighted beings are wish to assist you with this task to come through now.

*I ask the lighted beings that can most assist me with this clearing,
come forward now.*

Restore my energy and vibration, elevate my frequency.

Feel a surge of Divine Light as it merges with your energy now recovering any holes and crevices with bright light that restores your energy and raises it in its original vibration.

7.

Thank you, and so it is.

8.

You did it! How does it feel? Go over to the Facebook group and share your experience!



The Original
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